



# OWLS -

Adult Programs for the Community

**December 2011**

Please sign up for programs by calling Karen Hibbard at 237-4019 or  
[owlsnccrc@myfairpoint.net](mailto:owlsnccrc@myfairpoint.net)

Mail to: 33 Rec Center Road, Colebrook, NH 03576

## Special Events

### **Holiday Party & Yankee Swap--Friday, December 16<sup>th</sup> at 1:00 p.m.**

The Holiday Party & Yankee Swap will be held at the Colebrook Country Club. There will be musical performance by the Canaan Memorial High School Chorus followed by a Yankee Swap. If you would like to participate in the yankee swap, bring a gift ranging from \$5-10 in value. Come enjoy an afternoon of snacks, music, laughs and holiday spirit.

### **The Hoot OWL Cooking Bowl-- Wednesday, December 21<sup>st</sup>**

Bring your entries, appetites, and recipes to the Hoot Owl Cooking Bowl. This program will feature the best of OWL culinary prowess. Interested participants should bring their entries, **along with recipe**, on the 3<sup>rd</sup> Wednesday of the month. We will sample and vote on the best entry. This month's recipe has to be based on **the color green and/or red** and could be dessert, salad, main course, etc. Congratulations to **Jane Palmer** who won November's challenge with a healthy pumpkin soup. She has received the Hoot OWL Cooking Bowl trophy, which she will retain until the next challenge. Check out her wonderful recipe on the back of this sheet.

### **Colebrook Public Library Events**

**Thursday, Dec. 1<sup>st</sup> at 6:30 p.m.- Book Discussion Group** *"One Day" by David Nicholis*

**Thursday, Jan. 5<sup>th</sup> at 6:30 p.m.- Book Discussion Group** *"Animal Farm" by George Orwell*

**Tuesday, December 20<sup>th</sup> at 11:00 a.m.- Computer Classes**

These classes are open forum. Come with special projects or any questions about the computer

**Wednesday, December 14<sup>th</sup> at 12:30 p.m.- Movie Matinee** *"Sarah's Key"*

In modern-day Paris, a journalist finds her life becoming entwined with a young girl whose family was torn apart during the notorious Vel' d'Hiv Roundup in 1942.

The Northern New England Poison Center is free, confidential and available 24/7 to answer questions about medications. With the holidays upon us, remember to be extra careful about storing your medications securely if you have family with children or pets visiting. Call 1-800-222-1222



## Speakers Series

**Tuesday, Dec. 13<sup>th</sup> at 10:45 at Indian Stream Health Center**  
Colebrook Fire Dept. "Preventing Holiday Disasters"

**Tuesday, December 20<sup>th</sup> at 9:45 at the Rec Center**  
Lindy Falconer, "Hidden in Plain Sight." Learn about secret messages passed through quilts during the Civil War.  
Perfect for quilters and history buffs

### No NCT Bus Service

Friday, December 23<sup>rd</sup>

Monday, December 26<sup>th</sup>

Friday, December 31<sup>st</sup>

### *Hoot Owl Cooking Bowl Winning Recipe*

***Jane's Spiced Autumn Gold Soup*** -12 servings

7-8 cups chicken broth or water

1 cup red lentils or yellow split peas or white beans

1 large onion peeled and chunked

2 ribs celery

4-6 large carrots

1 cup cooked pumpkin or yellow squash

1 medium sweet potato peeled and chunked

1 cup fresh cider or 2 apples cored, peeled and chunked

Cook all together until all beans and vegs are very tender. Puree. Add milk or cream to desired consistency. Season with about ½ tsp qaram masala and salt as needed. Serve hot.

## NCCRC Hours

Tuesday--Friday 6 a.m.-12:00  
& 3:30 p.m.-7:00

Saturday 10 a.m.-- 5 p.m.

Sunday 12 noon – 5 p.m.

Monday Closed

### Holiday Hours

Dec.22 & 23 6 a.m.- 7 p.m.

Dec. 24 & 25 Closed

Dec. 26 10 a.m.-5 p.m.

Dec. 27-30 6 a.m.-7 p.m.

Dec. 31 10 a.m.-4 p.m.

Jan. 1 Closed

### Kids Swim Day Camp

Tues-Fri Dec. 27-Dec. 30

### ***OWLS Program Hours***

*Tuesday, Wednesday, Friday*

*8:00-Noon*

*Water Aerobics -8:30*

*Walking Club- Wed 9:45*

*Yoga 9:30 -Wednesday & Friday*

***No Yoga: Dec. 7, 9, 23, 30***

*Yoga DVDs are available anytime*

### **Wise OWL Puzzle Challenge**

You may recall that colorful island where there are three races, indistinguishable save in respect of their attitude towards the truth. A Blue always answers a question truthfully; a White always lies; a Pink, answering two or more questions, tells the truth and lies alternately; his first answer, however, may be truthful or otherwise. A visitor approached a group of three natives, whose names were Mr. Pink, Mr. White and Mr. Blue. One was known to be a Pink, one a White and one a Blue. Taking Mr. Pink aside, the visitor put some questions to him. "Mr. Pink, are you a Pink, White or Blue?" "I am Pink, sir" "And Mr. White?" "He is the White" "So Mr. Blue is the Blue" "Obviously", said the native.

**Is Mr. Blue the Blue? If not, what is he?**

*Answer will appear in January's Newsletter*

*November's Answer: Valerie plays the harp and speaks Italian*