



OWLS -

Adult Programs for the Community

November 2011

Please Sign-up for programs by calling Karen Hibbard at 237-4019 or

owlsnccrc@myfairpoint.net

Mail to: 33 Rec Center Road, Colebrook, NH 03576

Special Events

North Conway Shopping Trip-- Thursday, November 3rd

Get your holiday shopping done all at once. The OWLS will be heading to North Conway, NH for the annual shopping trip. Transportation will be on a comfy coach bus with snacks, movies, and door prizes. We will leave at 8:00 a.m. from the Rec Center. Cost is \$15 per person. Invite a friend and sign up soon. Space is limited and on a first-come, first-serve basis.

The Hoot OWL Cooking Bowl-- Wednesday, November 16th

Bring your entries, appetites, and recipes to the Hoot Owl Cooking Bowl. This is a new monthly program that will feature the best of OWL culinary prowess. Interested participants should bring their entries, **along with recipe**, on the 3rd Wednesday of the month. We will sample and vote on the best entry. This month's recipe has to be based on pumpkin and could be dessert, salad, main course, etc. Congratulations to Nell Henson who won October's challenge with a delicious apple crisp. She has received the Hoot OWL Cooking Bowl trophy, which she will retain until the next challenge. Check out her wonderful recipe on the back of this sheet.

Holiday Party & Yankee Swap-- Friday, December 16th at 1:00 p.m.

It's almost that time of year again. The date has been decided but the details have to be finalized, so mark your calendars now.

Wise OWL Puzzle Challenge

"My 4 granddaughters are all accomplished girls." Canon Chasuble was speaking with evident self-satisfaction. "Each of them," he went on, "plays a different musical instrument and each speaks one European language." "What does Mary play?" asked someone. "The cello." "Who plays the violin?" I've temporarily forgotten! But I know it's the girl who speaks French." I learned that the organist is not Valerie; the girl that speaks German is not Lorna; and Mary knows no Italian. Athena doesn't play the violin, nor is she the girl who speaks Spanish. Valerie knows no French; Lorna doesn't play the harp; and the organist can't speak Italian."

What are Valerie's accomplishments?

Answer will appear in December's Newsletter



Colebrook Public Library Events

Tuesday, Nov. 3rd at 6:30 p.m.- Book Discussion Group

“Same Kind Different as Me” by Ron Hall

Tuesday, November 15th at 11:00 a.m.- Computer Classes

These classes are open forum. Come with special projects or any questions you have about the computer.

Wednesday, November 9th at 12:30 p.m.- Movie Matinee

“Water For Elephants”

After his parents are killed, a veterinary student abandons his studies and joins a traveling circus as its vet.

Speakers Series

Tuesday, Nov. 8th at 10:45 at Indian Stream Health Center

Laurie Warnock, New England Poison Center- “Medication Safety”

Tuesday, November 22nd at 9:45 at the Rec Center

Claudette Hebert, UCVH- “Benefits of Volunteering”

NCCRC Hours

Tuesday--Friday 6 a.m.-12:00
& 3:30 p.m.-7:00

Saturday 10 a.m.-- 5 p.m.

Sunday 12 noon – 5 p.m.

Monday Closed

Aqua Jogging Classes! \$5

Wednesday 5:30-6:30 p.m.

Fridays 5:30-6:30 p.m.

No NCT Bus Service

Friday, November 11th

Thursday, November 24th

Friday, November 25th

Hoot Owl Cooking Bowl Winning Recipe

Nell's Apple Crisp

4 cups apples (chopped) (I used wild ones)

1 cup flour (I used $\frac{3}{4}$ flour, $\frac{1}{4}$ oats)

1 cup sugar (I used $\frac{3}{4}$ cup and 2 pks Stevia)

1 stick butter (I used a little less)

1 tsp. cinnamon (I used 1 tsp apple pie spice)

Salt, a sprinkle over apples in 8x8 pan.

Mix other ingredients, spread over apples, bake at

375°F for 35-40 minutes, til brown on top

OWLS Program Hours

Tuesday, Wednesday, Friday

8:00-Noon

Water Aerobics -8:30,

Yoga 9:30 -Wednesday & Friday

Walking Club- Wed 9:45

Pies Needed

The Rec Center and Colebrook Recreation Department are hosting the First Annual 5k Turkey Trot on Thanksgiving morning. Our motto is “Make Room for Pie” so we’re giving pies for top prizes. We also need candy corn donated for the children’s run. Please bring all donated items to the Rec by Wednesday, November 23rd.